



Dear Parent/Guardian:

The Lakeland Central School District, in compliance with the State Education Department and Westchester County Department of Emergency Services, has plans in place for all students for administering Potassium Iodide (KI) in the event of a radiological emergency. Potassium Iodide (KI) is an over-the-counter drug that protects the thyroid from exposure to radioactive iodine. It only protects the thyroid gland against one radioactive substance. It is not an alternative to evacuation or sheltering. Sheltering remains New York's primary public protective action in the event of an emergency at any nuclear power site. Potassium Iodide (KI) is most effective when taken within hours of exposure. The protective effects last for approximately 24 hours. It is available only in a pill form. For children who are unable to swallow pills, it may be taken with food.

The school district will only administer Potassium Iodide (KI) pills to children whose parents have opted-in by filing their consent to administer with the school district. People with known iodine sensitivity, shellfish allergies or thyroid disorders should consult their physician for guidance.

If you would like your child to receive the age appropriate dose*of Potassium Iodide (KI) in the event of a nuclear emergency, please complete the permission form below and return it to your child's school. Without this form being filed, your child will not receive Potassium Iodide (KI) from school district personnel in the event of a nuclear emergency. This form will remain in effect as long as your child attends this school district. If you have any questions regarding the administration of Potassium Iodide (KI) to your child, please contact your physician or the Westchester County Department of Health at (914) 813-5000. Information is also available at the following website: www.westchestergov.com/health. If you have any questions regarding school procedures for the administration of Potassium Iodide (KI), please contact your school administrator.

Sincerely,

Karen Gagliardi, Ed.D.
Superintendent of Schools

If you would like your child to receive an age appropriate dose* (see attached table) of Potassium Iodide (KI) in the event of a nuclear emergency, please complete this form and return it **to your child's school**.

In the event of a radiological emergency, I request that my child receive one dose of Potassium Iodide (KI).

Child's Name

Date of Birth

Current School and Grade

Parent's Name (Please Print)

Parent's Signature

Date Signed

To be filed by nurse in student's health record.

***Please see attached chart**

Recommended Doses of KI for Different Age Groups				
Age Group	KI Dosage	Number of ml liquid (65 mg/ml)	Number of 65-mg tablets	Number of 130-mg tablets
Adults over 18 years	130 mg	2	2	1
Between 12-18 years and over 150 pounds	130 mg	2	2	1
Between 12-18 years and less than 150 pounds	65 mg	1	1	½
Between 3-12 years	65 mg	1	1	½
Between 1 month to 3 years	32 mg	0.5	½	¼
Birth – 1 month	16 mg	0.25	¼	1/8

It will not be necessary for you to complete another permission form. Since weight is a changing factor we have determined that it would be safest to keep middle school and the high school students at the 130 mgm. dose. This dose is considered to be safe. Elementary students who weigh less than 150 pounds will receive the 65 mgm. doses.