

**Available Daily:**

Assorted Deli Sandwiches  
Assorted Salad Plates  
Cereal/Bagel Lunch  
Fresh & Canned Fruit  
Carrot Sticks  
Assorted Milk, Juice, &  
Bread Selections



# Lakeland Central School District

## ELEMENTARY LUNCH MENU SEPTEMBER 2019



**Jo-Anne  
Ricapito  
Food Service  
Director**

**245-1700  
Ext. 39046**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Labor Day Schools Closed	Breaded Chicken Bites w/assorted dipping sauces Buttered Roll Steamed Broccoli Steamed Sweet Corn Assorted Chilled Fruits	<b>BRUNCH FOR LUNCH</b> French Toast Sticks Colby Cheese Omelet Tater Tots Glazed Carrots Assorted Chilled Fruits	Penne Pasta in a marinara sauce (pasta is also available without sauce) Beef Meatballs (optional) Green Beans Garden Salad Assorted Chilled Fruits <b>OR:</b> Meatball Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Three Bean Salad Assorted Chilled Fruits
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Breaded Chicken Bites w/assorted dipping sauces French Fried Potatoes Steamed Broccoli Assorted Chilled Fruits	Macaroni & Cheese Green Beans Glazed Carrots Assorted Chilled Fruits  <b>OR:</b> Grilled Cheese on a pretzel bun	Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Pickle Chips Assorted Chilled Fruits <b>OR:</b> Frankfurter on a bun	Tacos (seasoned beef) Taco and/or tortilla shells Seasoned Rice Black Beans Steamed Sweet Corn Shredded Lettuce & Cheese Salsa <b>OR:</b> BBQ Rib Patty Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Breaded Chicken Bites w/assorted dipping sauces Buttered Roll Steamed Broccoli Steamed Sweet Corn Assorted Chilled Fruits	Breaded Mozzarella Sticks w/marinara sauce for dipping Side of Nachos & Cheese Salsa Green Beans Assorted Chilled Fruits	<b>BRUNCH FOR LUNCH</b> French Toast Sticks Colby Cheese Omelet Tater Tots Glazed Carrots Assorted Chilled Fruits	Penne Pasta in a marinara sauce (pasta is also available without sauce) Beef Meatballs (optional) Steamed Broccoli Garden Salad Assorted Chilled Fruits <b>OR:</b> Meatball Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Three Bean Salad Assorted Chilled Fruits
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Breaded Chicken Bites w/assorted dipping sauces French Fried Potatoes Steamed Broccoli Assorted Chilled Fruits	Macaroni & Cheese Green Beans Glazed Carrots Assorted Chilled Fruits  <b>OR:</b> Grilled Cheese on a pretzel bun	Hamburger/Cheeseburger on a bun French Fried Potatoes Baked Beans Pickle Chips Assorted Chilled Fruits <b>OR:</b> Frankfurter on a bun	Tacos (seasoned beef) Taco and/or tortilla shells Seasoned Rice Black Beans Steamed Sweet Corn Shredded Lettuce & Cheese Salsa <b>OR:</b> BBQ Rib Patty Wedge	Cheese Pizza (pepperoni also available) Fresh Vegetables w/dipping sauce Tossed Garden Salad Assorted Chilled Fruits
<b>30</b>	<b>WELCOME BACK!</b>			
Rosh Hashanah Schools Closed	Earn while your children learn. Lakeland's Food Service Department is seeking people to work in various kitchens throughout the district. We offer a convenient work schedule and a competitive salary. Email Janet Hernandez at <a href="mailto:jthernandez@lakelandschools.org">jthernandez@lakelandschools.org</a> to set up an interview.		<b>Food Allergies:</b> If you have a food allergy, please speak to the manager, cook, cashier, or server about it	