

MEAL PRICES:

Full \$2.50
Reduced .00
Milk .75

Make your check payable to the Lakeland School Lunch Fund



Lakeland Central School District

SECONDARY MENU FEBRUARY 2018



Jo-Anne Ricapito
Food Service Manager

245-1700
Ext. 39046

Food Allergies: If you have a food allergy, please speak to the kitchen manager, cook, cashier, or server about it

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Available Daily: Assorted Deli Sandwiches & Salad Plates Assorted Fresh Made Pizza Assorted Breads Fresh & Canned Fruit Selections Carrot Sticks			“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks French Fried Potatoes Green Beans	Penne Pasta w/grilled chicken in a garlic & oil sauce OR: Penne Pasta in a marinara sauce w/meatballs (optional) Garlic Bread Sweet Peas Tossed Garden Salad
5	6	7	8	9
Asian Day Assorted Stir Fry Chicken Vegetable Fried Rice Oriental Vegetables Vegetable Egg Roll	Baked Macaroni & Cheese Glazed Carrots Steamed Broccoli OR: BBQ Rib Patty Wedge	Beef Tacos(refried beans available) Choice of taco or tortilla shells Seasoned Rice Black Beans Shredded lettuce, cheese, Pico de Gallo, sour cream, guacamole OR: Chicken & Cheese Quesadilla	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks French Fried Potatoes Green Beans	Chicken Parmesan Sandwich Tossed Garden Salad Steamed Corn OR: Loaded Nacho Platter (seasoned ground beef)
12	13	14	15	16
Asian Day Assorted Stir Fry Chicken Vegetable Fried Rice Oriental Vegetables Vegetable Egg Roll	Hamburger or Cheeseburger on a bun French Fried Potatoes Baked Beans OR: Chicken Fillet (regular or hot & spicy) on a bun	Baked Macaroni & Cheese Glazed Carrots Steamed Broccoli OR: BBQ Rib Patty Wedge	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks French Fried Potatoes Green Beans	Penne Pasta w/grilled chicken in a garlic & oil sauce OR: Penne Pasta in a marinara sauce w/meatballs (optional) Garlic Bread Sweet Peas Tossed Garden Salad
19	20	21	22	23
PRESIDENT’S DAY WEEKEND SCHOOLS CLOSED		Hamburger or Cheeseburger on a bun French Fried Potatoes Baked Beans OR: Chicken Fillet (regular or hot & spicy) on a bun	“Chicken & Cheese Sticks” – Breaded Chicken Tenders & Breaded Cheese Sticks Seasoned Spiral Fries Green Beans	Chicken Parmesan Sandwich Tossed Garden Salad Steamed Corn OR: Loaded Nacho Platter (seasoned ground beef)
26	27	28	The Lakeland Central School District is an equal opportunity employer	
Asian Day Assorted Stir Fry Chicken Vegetable Fried Rice Oriental Vegetables Vegetable Egg Roll	Baked Macaroni & Cheese Glazed Carrots Steamed Broccoli OR: BBQ Rib Patty Wedge	Oven Roasted Turkey w/gravy (optional) Bread Stuffing Mashed Potatoes Tender Golden Corn OR: Breaded Chicken (Kentucky Fried Style)		